

Date: .....

Time/Hour: .....

Doctor: .....

14 days before the scheduled examination, unless the referring doctor recommends otherwise, the following should be discontinued:

- antacids, i.e.: Alugastrin, Rennie, Manti, Gaviscon
- acid production inhibitors, i.e.: PPIs, Controloc, Omeprazole (Prazol), Pantoprazole (Anesteloc, Nolpaza), Esomeprazole, Ranigast

7 days before the scheduled examination, after prior consultation with the referring doctor or cardiologist, you should discontinue:

- anticoagulant medications, e.g.: Sintrom, Xarelto, Warfarin, Eliquis, Pradaxa
- antiplatelet medications, e.g.: Plavix, Areplex, Acard, Polocard, Aspirin, Zylt, Efient, Brylique

On the day of the examination, you should remain fasting for at least:

- 6 hours without eating
- 3 hours without drinking

You should not consume coffee, dairy products, or carbonated drinks from the morning, and smoking cigarettes is not allowed

On the day of the examination under general anesthesia, you must remain fasting for at least 6 hours (no food) and refrain from drinking for 3 hours.

- If you take antidiabetic medications, consult your primary care physician about discontinuing the medications according to the attached recommendations.
- If you are taking medications prescribed by a cardiologist, consult a cardiologist before the examination due to the need to discontinue certain medications before the examination/anesthesia.

You should bring the results of previous gastroscopies and/or additional tests to the examination.